



## Whole school PE overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	<b>Multiskills</b>	<b>Games</b>	<b>Dance</b>	<b>Cricket</b>	<b>Athletics</b>	<b>Football</b>
Y1	Multiskills	Games	Dance	Cricket	Athletics	Football
<b>Y2</b>	<b>Multiskills</b>	<b>Games</b>	<b>Dance</b>	<b>Cricket</b>	<b>Athletics</b>	<b>Football</b>
Y3	Tag rugby	Basketball	Dance	Swimming	Athletics	Tennis
<b>Y4</b>	<b>Tag Rugby</b>	<b>Basketball</b>	<b>Dance</b>	<b>Cricket</b>	<b>Athletics</b>	<b>Tennis</b>
Y5	Tag rugby	Netball	Dance	Cricket	Athletics	OAA
<b>Y6</b>	<b>Tag rugby</b>	<b>Netball</b>	<b>Dance</b>	<b>Cricket</b>	<b>Athletics</b>	<b>OAA</b>
<b>Lunch Time</b>	<b>Football</b>	<b>Basketball</b>	<b>Football</b>	<b>Cricket</b>	<b>Athletics</b>	<b>Tennis</b>



## PE National Curriculum

At Nine Acres Primary our aim is for all children

- to develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

**Purpose:** A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

### KS1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

### KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games
- apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and