

African Rhythms

for performing Allunde Alluya

Groove Rhythms

Play these as repeating patterns.

x			x	x		x		x			
Big			ba-	-boon		ba-		-by		(rest)	

x		x		x		x			x	x	
1		2		3		big			ba-	-boon	

This rhythm works very well with instruments you shake...

x	x	x	x	x	x	x	x	x	x	x	x
Sha-	-ker	sha-	-ker	sha-	-ker	sha-	-ker	sha-	-ker	sha-	-ker



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Activities to try...

You can use any percussion instrument to play these rhythms — even your body!

Feeling Unsure? 😐

- Try playing along with the video until you feel confident playing each rhythm clearly

Feeling Confident? 😊

- Try playing the rhythms using different sounds — what do they sound like on different instruments or sounds you can play?
- If you are in a group, could you play different rhythms at the same time to create layers?

Feeling Very Confident? 😄

- Try using different sounds for different parts of the rhythms — could you stomp at the start but clap at the end? What about the other way round? What ideas do you have?
- If you are in a group, could you play different rhythms at the same time to create layers?



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